

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|--|----------|
| <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> <p>June 2019</p> <p>WELLNESS</p> </div>  </div> | | | | | | 1 |
| 2 | 3 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR <small>BY DR WHEELER</small> | 4 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR 10:00 AM MEDITATION in CHAPEL BY DICK WHEELER <small>BY NORMA BROWN</small> | 5 10:00 AM MEALS FROM THE HEARTLAND VOLUNTEER SERVICE RR <small>BY NORMA BROWN</small> | 6 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR <small>BY NORMA BROWN</small> | 7 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR <small>BY NORMA BROWN</small> | 8 |
| 9 | 10 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR <small>BY DR WHEELER</small> | 11 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR <small>BY NORMA BROWN</small> | 12 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR <small>BY NORMA BROWN</small> | 13 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR <small>BY NORMA BROWN</small> | 14 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR <small>BY NORMA BROWN</small> | 15 |
| 16 | 17 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR <small>BY DR WHEELER</small> | 18 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR 10:00 AM MEDITATION in CHAPEL BY DICK WHEELER <small>BY NORMA BROWN</small> | 19 10:00 AM MEALS FROM THE HEARTLAND VOLUNTEER SERVICE RR <small>BY NORMA BROWN</small> | 20 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR <small>BY NORMA BROWN</small> | 21 9:15 AM DAILY FITNESS CLASS RR 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR <small>BY NORMA BROWN</small> | 22 |
| 23 | 24 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR <small>BY DR WHEELER</small> | 25 10:00 AM PRE SCHOOL RR | 26 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR 3:30 PM HEALTHY LIVING ML <small>BY NORMA BROWN</small> | 27 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR <small>BY NORMA BROWN</small> | 28 9:15 AM DAILY FITNESS CLASS RR 9:15 AM DAILY FITNESS CLASS WITH VOLUNTEER RR <small>BY NORMA BROWN</small> | 29 |
| 30 | | | | | | |